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# “Woke Under Anesthesia”

*Misconceptions about medical treatments in the USA*

# By

# Tondalah Stroud

*This book reveals a hospital scandal at one of America's leading hospitals and how my loved one escaped death after a mixture of medical errors and complications that were covered up.*

*This book aims to help identify and provide life saving strategies when patients are challenged with medical negligence, socioeconomic, racial, or implicit biases while seeking medical treatment.*

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# Forward

# Introduction

In this book as the story unfolds, we follow the journey of a daughter who exposes a hospital's cover-up by revealing how socioeconomic biases often influence the level of services received during a patient's healthcare. This story is based on true events; names have been modified to protect privacy. In the book, the fifty-one-year-old daughter of a sixty-eight-year-old African American mother describes how she fought against a medical institution's covert actions in a race against time to keep her mother alive after having a routine surgical procedure to replace her heart valve. The story is one of faith, love, and ingenuity, set against the backdrop of death-defying suspense. It is the story of the daughter's quest for answers after a cover-up of a botched surgery that left her mother in the ICU for seventy-two days, fighting for her life with 10% Left ventricular ejection fraction (LVEF). She has no idea where to turn for help or how to navigate through bureaucracy when she is now up against a medical institution giant that has the power to conceal, cover up, or reconstruct the truth to suit its narrative. After realizing her mom was being left to die, she sought legal and professional assistance to help her advocate. She quickly realized the medical institution had the power of the government as an enabler through the enactment of revised malpractice laws the governor recently made on behalf of that very same institution.

[Chapter 1] The Misconceptions about Doctors

Finding A Doctor (*Her Relocating story and the need to look for A heart doctor)(the intent is to tell a story)*

All doctors are not created equal (*the intent is to inform/educate in these sections below the story telling sections in each chapter)*

Academic requirements (*Western, Functional, Intergrative, Holistic, and Eastern Medicine)*

Specialties

Treatment plan and style

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Why does it all matter for you?

All doctors are not created equal. A common but false perception is that doctors have all the answers, and we can blindly trust everything they say. In addition to being human and fallible, doctors are sometimes implicitly biased. It is urgently imperative for patients to be actively involved in their own healthcare by asking questions, seeking second opinions, and conducting research.

It is important to note that doctors are not all created equally, as they have varying levels of education and specialties. A patient should research the type of doctor that he or she is seeing. There are different types of doctors, such as integrative and functional medicine doctors, who offer different types of care. These doctors have a more extensive academic background than traditional medical doctors. It is undeniable that physicians sometimes diagnose patients incorrectly.

Depending upon the doctor of choice, a patient's treatment path can vary significantly, depending on the doctor's experience and training. Some treatment paths can be more holistic, utilizing various natural treatments, while others can stick solely to prescription medication.

In conclusion, patients must leave their health journey solely in the hands of the physicians. They should be active in their health journey to enable them the best possible outcome for them.

[Chapter 2] Misconceptions about being diagnosed

The edge of death - The incorrect diagnoses *(her story about how she was wrongly diagnosed)*

Statistics and Data about wrong diagnoses and misdiagnoses

Second Opionions and Referrals Matter!

Important questions to ask once you receive your diagnoses?

[Chapter 3] The Misconceptions about surgical procedures

Being Admitted To The Hopital (*The story of how she prepared and it aided in saving her life*)

Is the procedure suggested or required now?

Plan for the worse while believing for the best

Power of attorney, Medical Directives, Estate Planning, Passwords

Being admitted to the hospital should be the day the patient plans for the worst while believing for the best outcome.

Many patients are not prepared if their procedure doesn't go as planned and have a power of attorney on file.

Never leave your loved one alone in the medical facility without being prepared to be a fully informed advocate for the patient.

In conclusion, being prepared for the worse possible outcome when being admitted in the hospital possible save your life.

[Chapter 4] The Misconceptions of anestesia

The Cover Up! (*Her story of hearing while under anestesia that something was wrong LVAD & Impella*)

Who Is Going With You? Don't Just Get A Ride To The Hospital, Get An Advocate.

Why you should never leave your loved one alone in any medical facility?

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The medical facility cares that a mistake happened and will help you

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